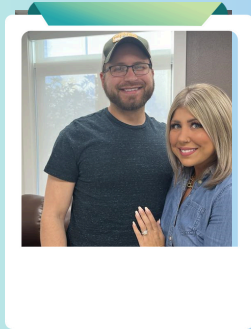


July 2024

THE FAMILY MEETING

Official Newsletter of the Hemophilia Outreach Center

ROCTAVIAN: Patient Update



“I am feeling great! Excited about feeling healthier than ever and I feel like I have more freedom than ever before. Gone are my sore days before prophylaxis. My outlook is very bright for the future as my levels continue to rise and I am excited to see how high they can go.”- Dave Novak

Dave was officially able to discontinue his preventative treatment now that his Factor 8 level has reached 5%!



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**HOC's
Mentoring
Program**

August 23, 2024

10:00 am - 3:30 pm

NEW Zoo

Pines Shelter (Across from NEW Zoo, next to parking lot and playground/ball diamond)

4418 Reforestation Rd.

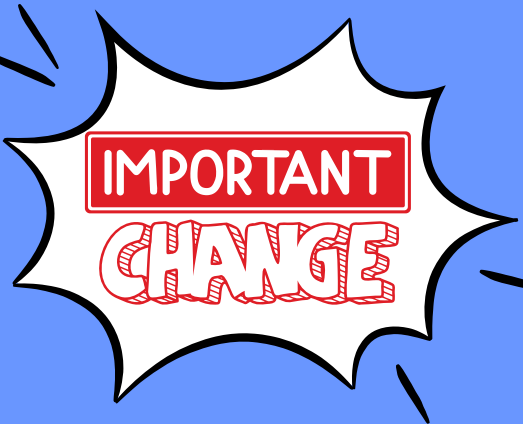
Suamico

Mentors! Learn some valuable goal-setting skills!

Mentees! Spend the morning doing a scavenger hunt at the zoo!

Come together for lunch and a fun afternoon of bonding at the NEW Zoo Adventure Park!

Mentors and Mentees will be chosen for this program. If you are interested in being a mentor or your child being a mentee, **please contact Heather at heatherh@hocgb.org or 920-965-0606 by August 9th.**



Coming soon

The way that patients/families pay their HOC medical bills will soon be changing.

Online payments will soon be processed via MyChart instead of the "Make a Payment" link on our website.

The change is expect to go live in Fall of 2024. More details to follow

MYCHART LOGIN CAREERS VIRTUAL VISIT ~~MAKE A PAYMENT~~



HEMOPHILIA
— OUTREACH CENTER —

Provider Portal ▾

Patient Resources ▾

About Us ▾

If you have any questions, please contact HOC at (920) 965-0606





BLEEDING DISORDER MEDICATION PROVIDER SURVEY

WHAT IS THE PURPOSE OF THIS SURVEY? HELP US TO HELP YOU!

HOC is looking to measure patient satisfaction surrounding getting your and/or your child's bleeding disorder medications (i.e. through HOC, a specialty pharmacy {sometimes your insurance company may require you to use a specific pharmacy outside of HOC}, etc.)

We greatly value the information you share with us and are always looking for ways to improve your care!

HOW WOULD THIS HELP ME?

If there is a pattern of:

-Dissatisfaction with HOC's physician dispensing program (where some individuals get their bleeding disorder medication from), the information in this survey will help us to continuously improve the Physician Dispensing Station operations (operates similar to a pharmacy).

-Dissatisfaction with a specialty pharmacy program, the information in this survey will help us to negotiate with payers (insurance companies), with hopes to become a contracted entity with the insurance company/employer group and patients can move forward with obtaining their bleeding disorder medications through HOC (if HOC is their preferred pharmacy).



THE SURVEY WILL TAKE APPROXIMATELY 2-3 MINUTES.



GOLF RECAP



Despite the rain, it was nothing but smiling faces and laughter at the golf program! Thank you to everyone who participated and thank you again to CSL Behring for sponsoring!

CSL Behring





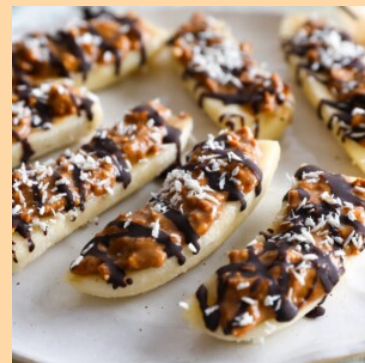
Winter EDUCATION PROGRAM



Frozen Banana Snacks

INGREDIENTS

- 3 BANANAS
- 3 DARK CHOCOLATE SQUARES 1 OZ
- $\frac{3}{4}$ TSP COCONUT OIL
- 4 TBSP CRUNCHY PEANUT BUTTER
- 2 TBSP SHREDDED COCONUT



INSTRUCTIONS

- PREPARE A LITTLE TRAY OR A PLATE AND COVER WITH BAKING PAPER.
- PEEL EACH BANANA, CUT IT IN HALF, AND THEN CUT EACH HALF LENGTHWISE, CREATING 4 PIECES OUT OF EACH BANANA.
- IN A SMALL BOWL, BREAK IN CHOCOLATE SQUARES AND ADD IN THE COCONUT OIL. MICROWAVE FOR A FEW SECONDS TO LET IT MELT, AND GIVE IT A MIX UNTIL COMPLETELY MELTED.
- SPREAD PEANUT BUTTER OVER EACH BANANA SLICE. IT WILL BE AROUND 1 TSP OF PEANUT BUTTER PER SLICE.
- POUR THE MELTED CHOCOLATE OVER EACH SLICE.
- SPRINKLE EACH SLICE WITH $\frac{1}{2}$ TSP OF SHREDDED COCONUT.
- POP EACH SLICE ONTO THE TRAY AND PUT IT INTO THE FREEZER FOR 1-2 HOURS.
- AFTER THE PIECES ARE FROZEN, POP THEM INTO THE FOOD CONTAINERS AND KEEP THEM IN THE FREEZER.
- LET THESE DEFROST FOR A COUPLE OF MINUTES BEFORE SERVING.

